

MEDICLINIC baby

HOSPITAL CHECKLIST

WHAT TO PACK FOR LABOUR AND DELIVERY:

MUMMY

• **Cosmetic:**

- Brush
- Hair tie
- Lotion
- Lip balm
- Toiletries
- Makeup

• **Apparel:**

- Bath robe
- Socks
- Slippers
- Comfy clothes
- Flip flops
- Nightgown

• **Nursing:**

- Nursing pads
- Nursing bra/cover
- Nipple cream

• **Paperwork:**

- Birth plan

DADDY

- Cell phone + charger
- Camera + charger
- Video camera + charger
- Change of clothes
- Toiletries
- Comfortable shoes
- Gifts for other child(ren)
- Insurance card

BABY

- Change of clothes
- Finger nail clippers
- Receiving blankets
- Carseat
- Going home outfit
- Baby book
- Heavy blanket
- Baby hat/bow

BIRTH CERTIFICATE NOTIFICATION

- Original documents of both parents' passport
- Original documents of both parents' Emirates ID
- Original document and a copy of the attested marriage certificate

Kindly note that the name of the baby should be given during the process of birth certification.

MISC.

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